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***Tandem Participation Register – Call out for Expressions of Interest (EOI)***

**With You: Trauma-Informed, Rights-Based Practice in the Legal Assistance Sector – What do lawyers working with people experiencing poor mental health or suicidality in Australia need to know?**

***Lived and living experience engagement opportunity facilitated by **With You: Mental Health Training Project – Consultation and Design*****

***Format: 1:1 Conversations in June 2023***

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**Overview and purpose**

The **With You: Mental Health Training Project – Consultation and Design** team are speaking to people across Australia to design training for lawyers who work with people experiencing poor mental health or suicidality.

The **With You** team believe the people most affected by services should have the biggest say in what they look like.

**With You** would like to speak to carers, family members and supporters of people who have experienced poor mental health and sought help from the legal assistance sector. This includes services such as Community Legal Centres, Aboriginal and Torres Strait Islander Services, Family Violence Prevention Legal Services and Legal Aid Commissions.

This project is funded by the Commonwealth Government, via Legal Aid NSW on behalf of a national consortium of Legal Aid Commissions. The project team is led by Chris Maylea, with oversight and support provided by Jennifer Chen from Legal Aid NSW. The wider team includes:

- Esther Le Couteur
- Laura Cashman
- Rebecca Leon
- Melanie Sherrin
- Vrinda Edan
- Damien Linnane
- Ailsa Rayner
- Pan Karanikolas
- Piers Gooding

## Lived and living experience recruitment needs

Tandem and *With You* are seeking participants with diversity of family/carer/supporter lived and living experiences including:

- Carers, family members and supporters of people who have experienced poor mental health and sought help from the legal assistance sector – this includes services such as Community Legal Centres, Aboriginal and Torres Strait Islander Services, Family Violence Prevention Legal Services and Legal Aid Commissions.

**The principal question of this project is ‘how can lawyers and the legal services used by people with mental health conditions and suicidality do better?’**

### Engagement format and schedule

#### **Trauma-Informed, Rights-Based Practice in the Legal Assistance Sector – 1:1 Conversations**

*With You* are holding up to four (4) one-off 1:1 Conversations, online (Zoom) or in-person (Tandem Office, Abbotsford) depending on individual preference.

**Format:** Online (Zoom) or in-person (Tandem Office, Abbotsford) – please let us know your preference

**Length:** 1.5 hr (90 minute) conversation to be scheduled with each participant

**Date & time options:** Please let us know your availability for the following for the timeslots:

#### **Wednesday 21 June 2023**

- 9.30am to 11am
- 12pm to 1.30pm
- 3pm to 4.30pm

#### **Thursday 22 June 2023**

- 9.30am to 11am
- 2pm to 3.30pm

## Remuneration

Lived experience engagement at the ‘Involve’ remuneration rate per scheduled session (1:1 Conversation):

- \$175.00 (Half Day rate – up to 4 hours) – payment in 4-hour blocks includes the session itself, as well as any pre- session preparation and any post- session contribution.

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## Next steps – How to Express your Interest as a Tandem Participation Register member:

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### ***If you're not a Tandem Participation Register Member yet ...***

- *If you're not a Tandem Participation Register member, please find out more about eligibility and how to join on our website here: [tandemcarers.org.au/register](https://tandemcarers.org.au/register)*
- *We encourage you complete the Online Application Form [tandemcarers.org.au/register](https://tandemcarers.org.au/register) however you're welcome to submit an **Expression of Interest (EOI)** to participate in your first engagement opportunity without joining the Register*
- *If you're selected to participate in this engagement, we'll contact you to capture your payment details, give you an overview on the how the Register works, and discuss the option to join the Tandem Participation Register for future engagement opportunities.*

### **Step 1 – For Tandem Participation Register Members**

Please send your brief Expression of Interest (EOI) with subject line **Trauma-Informed, Rights-Based Practice in the Legal Assistance Sector – 1:1 Conversations** in a reply email to [mhcregister@tandemcarers.org.au](mailto:mhcregister@tandemcarers.org.au) by **10am, Tuesday 13 June 2023** including your response to **questions 1 to 8 below/overleaf:**

1. Your full name\*
2. Your preferred pronouns (he/him - she/her - they/them)\*
3. Your age\*
4. Your email address\*
5. Your phone number\*
6. Please let us know your current availability to commit to any/all of the following date/time options, and whether you can attend online (Zoom) or in-person (Tandem Office, Abbotsford)?

#### **Wednesday 21 June 2023**

- 9.30am to 11am
- 12pm to 1.30pm
- 3pm to 4.30pm

#### **Thursday 22 June 2023**

- 9.30am to 11am
- 2pm to 3.30pm

7. A few words (up to 250 words) about why you would like to contribute this project?
  - *Please refer to the 'Lived and Living experience recruitment needs' on page 2*
  - *Bullet points are fine – we just need to know your lived experience is relevant to this engagement opportunity*

8. Intersectional identity/diverse communities – optional inclusion\*

- If you and the person you support are happy to share, please let us know if you or the person you support personally identify with any intersectional identities or communities including: First Nations peoples, culturally and linguistically diverse (CALD) communities (let us know your cultural background), LGBTQIA+, non-binary, and gender diverse communities, Disability/All Abilities communities, Neurodiverse communities, and any other community group not listed here.

*\*Personal information and privacy notes:*

- *Your full name, email address, phone number, basic demographic data and optional intersectional identity information will be provided to With You: Mental Health Training Project – Consultation and Design.*
- *When shared from Tandem to With You, basic demographic data and optional intersectional identity information will be deidentified to be used for project planning purposes only.*
- *Please see the **With You – Project Protocol document (PDF)** attached to the original Engagement Opportunity email received and/or Engagement Opportunity web page [Engagement Opportunities \(tandemcarers.org.au\)](https://tandemcarers.org.au) (available online within 2-3 business after promotion to the Register:*
- *Outcome notification following the Expression of Interest process (selected or not selected) will be emailed by the Tandem Participation Register [mhcregister@tandemcarers.org.au](mailto:mhcregister@tandemcarers.org.au)*
- *After which, With You will use your contact information (primarily email) for all engagement communication such as official calendar invitations, online meeting links (zoom), engagement updates, pre-reading (if applicable), evaluation and feedback.*

## Step 2

The Tandem Register will be in touch as soon as possible, and within a week of the EOI close date to notify the outcome (selected or not selected).

If you are selected to participate in this engagement opportunity, you will be sent a detailed ‘confirmation of selection’ email to confirm your selection and current availability, and the upcoming engagement details such as the support available and the remuneration amount.

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## Contact

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**If you have any questions about this Register lived and living experience engagement opportunity, please contact the Tandem Participation Register Coordinator:**

**Phone (03) 8803 5555 | Email [mhcregister@tandemcarers.org.au](mailto:mhcregister@tandemcarers.org.au)**

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## Accessibility, safety, and support

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*With You* will aim to provide positive, safe and meaningful engagement opportunities. With You and Tandem recognise that contributing lived/living experience insights to projects can be challenging, as it prompts participants and facilitators to reflect on our own experiences in the mental health system. We encourage all Tandem Register members to make the most of the support available through the Tandem Participation Register, at any stage throughout (before, during and after) the engagement process.

- **Accessibility**

- The format of these engagement opportunities will be held online or in-person to enable greater participation for Register participants in regional Victoria, and those that cannot travel due to illness, injury, disability or/or caring responsibilities
- You will need a computer/tablet/mobile phone, a stable internet connection, an email account and access to Zoom to fully participate.
- Tandem may be able to assist in providing internet access at the Tandem Office in Abbotsford and/or searching for IT support services available at your local library
- Please include any access needs in your EOI or feel free to contact the Tandem Participation Register Coordinator to discuss – phone 03 8803 5555 or email [mhcregister@tandemcarers.org.au](mailto:mhcregister@tandemcarers.org.au)

- **Support**

- Optional, small group or 1:1 pre-session and post-session support will be tailored to each engagement opportunity and delivered by the Tandem Register Team. Selected participants will be emailed details of the support approach, for example small group or 1:1 pre-briefing and debriefing sessions to be scheduled (20 to 45 minutes over Zoom or phone).
- In-session Peer Support may also be available for some of the engagement opportunities listed here. Selected participants will be provided with further information regarding the In-session Support available, and how to access support during and after the session.
- Tandem members are also encouraged to contact the [1800 Tandem Support and Referral Line](#) Monday to Friday, 9am and 5pm – please visit our website or refer the final page of this document for more detail



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## Free Tandem Support and Referral Line - 1800 314 325

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The Tandem Support and Referral Line provides support, information and referral to the family members, friends and carers of people living with mental health challenges

**Tandem encourages all Register members to use this service**

**You can call us for free Monday to Friday, 9am-5pm, to:**

- **Speak with someone who understands your situation**
- **Seek general advice, advocacy and information on services to meet your needs**
- **Seek support with NDIS access and plan issues**

Please note that we are not a crisis service. If you or someone else may be at risk of suicide please contact: Lifeline [13 11 14](tel:131114) - Suicide Helpline [1300 651 251](tel:1300651251) - Kid's Help Line [1800 55 1800](tel:1800551800)

### Who can call the Tandem Support and Referral Line?

Family members or friends who are supporting a person with mental health issues are eligible to use Tandem's Support and Referral Service.

If you are a [Tandem member](#) (in addition to Tandem Participation Register membership), you also have access to individual advocacy, support and referral through an Advisor. This may include:

- Assisting family and friends to understand their rights and responsibilities under relevant legislation and service policies and procedures;
- Empowering members to advocate effectively on their own behalf; and
- Providing family and friends with appropriate referrals.

Family and friends can access this support and referral service by becoming a [member](#) of Tandem.

The Advisor can advise on the use of the [Nominated Persons and Advance Statement](#) components of the Mental Health Act.

### More information

Visit: [Support and Referral Line \(tandemcarers.org.au\)](https://tandemcarers.org.au) | Call [1800 314 325](tel:1800314325)

Email [info@tandemcarers.org.au](mailto:info@tandemcarers.org.au)